

MINOR IN HEALTH & EXERCISE SCIENCES

Minor in Health & Exercise Sciences Overview (<https://catalog.pacific.edu/uop/collegeofthepacific/healthandexercisesciences/#text>)

Phone: (209) 946-2209

Location: Main Gym

Minor in Health & Exercise Sciences

The minor in health and exercise sciences provides students outside the major with opportunity to gain detailed exposure to one specific sub-discipline of the field. The minor is intended to complement a student's major course of study, but does not provide the depth of the major curriculum. To earn a minor in health and exercise sciences, students must complete a minimum of 20 units and 5 courses with a Pacific minor grade point average of 2.0.

Minor Requirements

1. Under the supervision of an advisor, students must select 5 courses.
2. The unit total for all courses must meet or exceed 20 units.