

# MUSIC THERAPY

The Master of Arts in Music Therapy program at University of the Pacific prepares students for a career using music-based interventions in a focused and concentrated manner to address health-related, psychological, educational, and other rehabilitative needs. The program offers students greater depth and breadth in knowledge and skills for advanced clinical competency. Through advanced learning and skill development, students will have a vital competitive advantage in the current healthcare market to provide quality patient care.

Students must complete a minimum of 32 graduate level units (200 +) with a Pacific cumulative grade point average of 3.0 to earn the Master of Arts in Music Therapy. At least 16 of the credits required for graduate degrees in music must be in courses intended for graduate students only. A single course that carries both an undergraduate and a graduate designation is not considered a course intended for graduate students only.

### Two paths to obtaining an MA in Music Therapy

- **Two-Year Master of Arts in Music Therapy:** This 32-unit program is designed for students who hold an undergraduate degree in music therapy (or its equivalent) and are looking for advanced-level clinical skills or research practice to secure a competitive position in today's rapidly growing health care system.
- **Three-Year Plus Internship Master of Arts in Music Therapy:** This 55-unit\* program is designed for those with a bachelor's degree in music or related fields (e.g. psychology, special education, etc.) who seek both entry-and advanced-level training in music therapy. Instruction in this program is delivered in the following ways: online (asynchronously); online/remote (synchronously); hybrid (in-seat and online/remote synchronously); and in-seat. The program begins with strong fundamental musicianship and adds specific knowledge and skills to meet the requirements of the Certification Board for Music Therapists (CBMT) and the American Music Therapy Association (AMTA).

*\* Additional units may be required depending on prior degree, coursework and experience*

### Plan of Study

Students focus on their specific personal career goals by selecting a thesis or non-thesis track supporting: a) development of advanced clinical, administrative, and program development skills, or b) preparation for eventual entry into teaching and research careers.

Both tracks in the Master of Arts in music therapy program allow for flexibility in the design of individualized study plans. Master of Arts students should consult with their adviser during the first term in residency to determine their overall plan of study and to detail their schedule of classes for each semester.

### Program Policies

- a. Students must (a) maintain a minimum term and cumulative grade point average of 3.0, (b) earn a B- or better in all music therapy courses, and (c) demonstrate interpersonal and professional skills appropriate to the clinical profession as evaluated by the Music Therapy Program faculty, in order to remain in the program.
- b. Students must pass the Board Certification Examination or provide evidence of current re-certification (MT-BC) status prior to completion of the Master of Arts degree in music therapy.

- c. Students must demonstrate advanced clinical competencies as defined by the American Music Therapy Association (AMTA). Particular emphasis is placed upon the acquisition of advanced competencies relevant to the student's area of specialization.

### Clinical Musicianship

- Design a broad range of improvisational experiences and utilize a variety of clinical improvisation techniques for therapeutic purposes.
- Apply advanced musical skills in the clinical use of at least two of the following: keyboard, voice, guitar and/or percussion.
- Design and employ a broad range of re-creative music experiences for therapeutic purposes

### Music Therapy Theory

- Apply comprehensive, in-depth knowledge of the foundations and principles of music therapy practice.
- Articulate and defend a personal philosophy, approach and/or theory to music therapy.

### Clinical Supervision

- Design and implement methods of observing and evaluating supervisees that have positive effects on music therapy students and professionals at various levels of advancement and at different stages in the supervisory process.
- Evaluate the effects of one's own personality, supervisory style, and limitations on the supervisee and the supervisory process and seek consultation as indicated.

### Advanced Clinical Skills

- Apply comprehensive knowledge of current methods of music therapy assessment, treatment, and evaluation.
- Utilize advanced music therapy methods within one or more theoretical frameworks to assess and evaluate clients' strengths, needs and progress.

### Research

- Perform and evaluate the results of a comprehensive literature review to identify gaps in knowledge.
- Conduct research according to ethical principles for protection of human participants, including informed consent, assessment of risk and benefit, and participant selection.

## Master of Arts in Music Therapy

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### Music Therapy Foundational Courses:

MTHR 231	Individual Music Therapy: Advanced Theory and Techniques	3
MTHR 232	Group Music Therapy: Advanced Theory and Techniques	3
MTHR 251	Music Therapy Supervision I: Introduction to Theory and Applications	1
MTHR 252	Music Therapy Supervision II: Applied Experience	1

MTHR 260	Advanced Clinical Practice in Music Therapy *	2
MUSC 203	Contemporary Issues in Music Education and Music Therapy	3

- \* 1. Two semesters, one unit each semester.  
2. Students may fulfill one unit of this requirement by completing a Special Topics course in a clinical practice area.

Choose one of the following Options:

#### Option A, Thesis Plan

EDUC 201	Techniques of Research	3
or MTHR 239 & MTHR 265	Research in Music and Human Research in Music Therapy: Supervised Experience	
MUSC 202	Introduction in Music Research	3
MTHR 299	Thesis	4
Select three of the following Specialized Electives:		9
EDUC 216	Nature and Conditions of Learning	
EDUC 330	Advanced Human Development I	
EDUC 331	Advanced Human Development II	
EDUC 335	Psychotherapeutic Interventions	
EDUC 337	Crisis Intervention	
EDUC 338	Consultation Methods	
EDUC 341	History and Systems in Psychology	
EDUC 343	Psychopathology and Wellness Promotion	
EDUC 348	Neuropsychology	
MTHR 240 & MTHR 291	Psychology of Music and Graduate Independent Study	

#### Option B, Non- Thesis Plan

EDUC 201	Techniques of Research	3
or MTHR 239 & MTHR 265	Research in Music and Human Research in Music Therapy: Supervised Experience	
MTHR 245	Clinical Clerkship in Music Therapy	1
MUSC 202	Introduction in Music Research	3
Select four of the following Specialized Electives:		12
EDUC 216	Nature and Conditions of Learning	
EDUC 330	Advanced Human Development I	
EDUC 331	Advanced Human Development II	
EDUC 335	Psychotherapeutic Interventions	
EDUC 337	Crisis Intervention	
EDUC 338	Consultation Methods	
EDUC 341	History and Systems in Psychology	
EDUC 343	Psychopathology and Wellness Promotion	
EDUC 348	Neuropsychology	
MTHR 240 & MTHR 291	Psychology of Music and Graduate Independent Study	

## Master of Arts in Music Therapy - 3 Year Plus Internship

Students must complete a minimum of 32 graduate level units (200 +) with a Pacific cumulative grade point average of 3.0 to earn the Master of Arts in Music Therapy. At least 16 of the credits required for graduate degrees in music must be in courses intended for graduate students

only. A single course that carries both an undergraduate and a graduate designation is not considered a course intended for graduate students only.

#### Pre-Board-Certification Courses:

MTHR 011	Music as Therapy: A Survey of Clinical Applications	3
MTHR 018	Basic Skills for Music Therapists and Allied Professionals	3
MTHR 020	Clinical Assessment in Music Therapy	2
MTHR 135	Music with Children in Inclusive Settings: Therapeutic and Educational Applications	3
MTHR 141	Music Therapy in Mental Health and Social Services	3
MTHR 142	Music Therapy in Medicine and Health Care	3
MTHR 150	Practicum in Music Therapy *	1-2
MTHR 187	Internship in Music Therapy **	1-12

\* Must take a total of 4 units.

\*\* Must take a total of 2 units.

#### Music Therapy Foundational Courses:

MTHR 231	Individual Music Therapy: Advanced Theory and Techniques	3
MTHR 232	Group Music Therapy: Advanced Theory and Techniques	3
MTHR 251	Music Therapy Supervision I: Introduction to Theory and Applications	1
MTHR 252	Music Therapy Supervision II: Applied Experience	1
MTHR 260	Advanced Clinical Practice in Music Therapy *	2
MUSC 203	Contemporary Issues in Music Education and Music Therapy	3

\* Two semesters, one unit each semester.

Choose one of the following Options:

#### Option A, Thesis Plan

EDUC 201	Techniques of Research	3
or MTHR 239 & MTHR 265	Research in Music and Human Research in Music Therapy: Supervised Experience	
MTHR 299	Thesis	4
MUSC 202	Introduction in Music Research	3
Select three of the following Specialized Electives:		9
EDUC 216	Nature and Conditions of Learning	
EDUC 330	Advanced Human Development I	
EDUC 331	Advanced Human Development II	
EDUC 335	Psychotherapeutic Interventions	
EDUC 337	Crisis Intervention	
EDUC 338	Consultation Methods	
EDUC 341	History and Systems in Psychology	
EDUC 343	Psychopathology and Wellness Promotion	
EDUC 348	Neuropsychology	
MTHR 240 & MTHR 291	Psychology of Music and Graduate Independent Study	

**Option B, Non-Thesis Plan**

EDUC 201	Techniques of Research	3
or MTHR 239 & MTHR 265	Research in Music and Human Research in Music Therapy: Supervised Experience	
MTHR 245	Clinical Clerkship in Music Therapy	1
MUSC 202	Introduction in Music Research	3
Select four of the following Specialized Electives:		12
EDUC 216	Nature and Conditions of Learning	
EDUC 330	Advanced Human Development I	
EDUC 331	Advanced Human Development II	
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MTHR 240 & MTHR 291	Psychology of Music and Graduate Independent Study	