MUSIC THERAPY

The Music Therapy program is approved by the American Music Therapy Association (AMTA). The Bachelor of Music degree in Music Therapy is earned at the completion of four years of coursework plus six months of clinical internship (MTHR 187). Students are eligible for the Board Certification Examination upon the completion of the internship at an approved clinical facility. Students must be enrolled for at least one unit of MTHR 187 during the semesters that cover the start and completion dates of the internship. Final grade for all sections of MTHR 187 is given only upon receipt of the final internship evaluation.

In order to complete the Music Therapy degree, students must obtain a grade of B- or better in Music Therapy courses and demonstrate interpersonal and professional skills appropriate to the clinical profession as evaluated by the Music Therapy Faculty. A student who does not receive such a grade following the second attempt through a particular course is disqualified from the Music Therapy major.

A student who receives a grade of less than B- in either MTHR 011 or MTHR 018 may not enroll in upper-division Music Therapy core courses until a B- grade or better is obtained in each of these lower-division courses.

All Music Therapy majors are required to demonstrate functional proficiencies on piano, guitar, and voice before they enroll in the senior level capstone courses MTHR 141, MTHR 142, and MTHR 150 section 02. Voice competencies are assessed in the MAPP 001E voice class and during fieldwork. All students, regardless of major instrument, must complete the voice competencies, pass all parts of the piano functional examination, and both beginning and advanced level functional guitar examinations. These examinations are given within the functional courses, but may also be passed at the examination time offered at the end of each semester.

Clinical Musicianship
1. Accompany self and ensembles proficiently.
2. Play/sing a basic repertoire of traditional, folk, and popular songs in several keys.

Social Science Foundations
1. Demonstrate knowledge of the basic principles of normal human development, exceptionality, and psychopathology.
2. Articulate common/specific principles of therapy and the importance of the therapeutic relationship.

Music Therapy Foundations/Principles
1. Demonstrate knowledge about the historical, philosophical, psychological, physiological, and sociological bases for the use of music as therapy.
2. Explain the impact of contemporary issues in healthcare and education on music therapy practice.
3. Identify various models of traditional and contemporary music therapy practice.

Clinical Foundations
1. Demonstrate knowledge of various client populations.
2. Carry out clinical functions including: conducting assessments; planning treatment; implementing treatment; documenting progress (oral/written); and terminating treatment/planning discharge.

Ethics and Professionalism
1. Demonstrate knowledge of professional role and ethics.
2. Demonstrate knowledge of professional standards of clinical practice; interdisciplinary collaboration in designing and implementing treatment programs; supervision and administration.

Evidence-Based Practice
1. Interpret information in the professional research literature.
2. Demonstrate basic knowledge of historical, quantitative, and qualitative research.
3. Apply research findings to clinical practice in music therapy.

Professional Sustainability
1. Identify ways in which music therapists can minimize their impact on the environment or social ecology through practice modifications.
2. Describe innovative means of expanding service delivery while maintaining the integrity of the profession and employability of music therapists.

Bachelor of Music Major in Music Therapy
Students must complete a minimum of 124 units with a Pacific cumulative and program grade point average of 2.0 in order to earn the bachelor of music degree with a major in music therapy.

I. General Education Requirements
Minimum 30 units and 9 courses, including:

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Units</th>
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</thead>
<tbody>
<tr>
<td>PACS 001</td>
<td>What is a Good Society</td>
<td>4</td>
</tr>
<tr>
<td>PACS 002</td>
<td>Topical Seminar on a Good Society</td>
<td>4</td>
</tr>
<tr>
<td>PACS 003</td>
<td>What is an Ethical Life?</td>
<td>3</td>
</tr>
</tbody>
</table>

Note: 1) Pacific Seminars cannot be taken for Pass/No Credit. 2) Transfer students with 28 or more transfer units complete 2 additional General Education elective courses from categories I and II not chosen below in place of taking PACS 001 and PACS 002. PACS 003 is required for transfer students.

One course from each subdivision below:

Social and Behavioral Sciences
Two courses from the following:
IA. Individual and Interpersonal Behavior
IB. U.S. Studies
IC. Global Studies

Arts and Humanities
Two courses from the following:
IIA. Language and Literature
IIB. Worldviews and Ethics
IC. Visual and Performing Arts

Natural Sciences and Mathematics
IIIA. Natural Sciences
IIIB. Mathematics and Formal Logic

Note: 1) No more than 2 courses from a single discipline may be applied to meet the requirements of the general education program.
II. Diversity Requirement

Students must complete one diversity course (3-4 units)

Note: 1) Transfer students with 28 units or more transfer units prior to fall 2011 are encouraged but not required to complete a designated course prior to graduation. 2) Courses may be used also to meet general education and/or major/minor requirements.

III. Fundamental Skills

Students must demonstrate competence in:

- Writing
- Quantitative analysis

IV. Major Requirements

Students must obtain a grade of B- or better in all Music Therapy courses.

Foundation Courses

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>MAPP 001D</td>
<td>Class Piano</td>
<td>2</td>
</tr>
<tr>
<td>MCOM 009</td>
<td>Introduction to Music Technology</td>
<td>1</td>
</tr>
<tr>
<td>MCOM 032</td>
<td>Diatonic Harmony</td>
<td>3</td>
</tr>
<tr>
<td>MCOM 033</td>
<td>Chromatic Harmony</td>
<td>3</td>
</tr>
<tr>
<td>MCOM 042</td>
<td>Musicanship I</td>
<td>1</td>
</tr>
<tr>
<td>MCOM 043</td>
<td>Musicanship II</td>
<td>1</td>
</tr>
<tr>
<td>MHIS 006</td>
<td>Music of the World's People</td>
<td>3</td>
</tr>
<tr>
<td>MHIS 011</td>
<td>Survey of Music History I</td>
<td>3</td>
</tr>
<tr>
<td>MHIS 012</td>
<td>Survey of Music History II</td>
<td>3</td>
</tr>
<tr>
<td>MPER 054</td>
<td>Dean's Seminar</td>
<td>1</td>
</tr>
</tbody>
</table>

Select 8 units of the following:

- MPER 066 Jazz Ensemble
- MPER 070 University Symphony Orchestra
- MPER 072 Symphonic Wind Ensemble
- MPER 080 Opera Production
- MPER 082 The Oriana Choir (Women's Chorus)
- MPER 083 University Chorus
- MPER 084 Pacific Singers
- MAPP 010 Applied Music

Major Requirements

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>MAPP 001B</td>
<td>Functional Guitar Class</td>
<td>2</td>
</tr>
<tr>
<td>MAPP 001E</td>
<td>Voice Class</td>
<td>1</td>
</tr>
<tr>
<td>MTHR 011</td>
<td>Music as Therapy: A Survey of Clinical Applications</td>
<td>3</td>
</tr>
<tr>
<td>MTHR 018</td>
<td>Basic Skills for Music Therapists and Allied Professionals</td>
<td>3</td>
</tr>
<tr>
<td>MTHR 020</td>
<td>Observation and Assessment in Music Therapy</td>
<td>2</td>
</tr>
<tr>
<td>MTHR 135</td>
<td>Music with Children in Inclusive Settings: Therapeutic and Educational Applications</td>
<td>3</td>
</tr>
<tr>
<td>MTHR 139</td>
<td>Research in Music</td>
<td>2</td>
</tr>
<tr>
<td>MTHR 140</td>
<td>Psychology of Music</td>
<td>2</td>
</tr>
<tr>
<td>MTHR 141</td>
<td>Music Therapy in Mental Health and Social Services</td>
<td>3</td>
</tr>
<tr>
<td>MTHR 142</td>
<td>Music Therapy in Medicine and Health Care</td>
<td>3</td>
</tr>
<tr>
<td>MTHR 150</td>
<td>Fieldwork in Music Therapy</td>
<td>4</td>
</tr>
<tr>
<td>MTHR 187</td>
<td>Internship in Music Therapy</td>
<td>2</td>
</tr>
<tr>
<td>PSYC 017</td>
<td>Abnormal and Clinical Psychology</td>
<td>4</td>
</tr>
<tr>
<td>SPED 123</td>
<td>The Exceptional Child</td>
<td>3</td>
</tr>
</tbody>
</table>

Select one of the following:

<table>
<thead>
<tr>
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<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>BIOL 011</td>
<td>Human Anatomy and Physiology</td>
<td>4</td>
</tr>
<tr>
<td>BIOL 041</td>
<td>Introduction to Biology</td>
<td>3</td>
</tr>
<tr>
<td>BIOL 051</td>
<td>Principles of Biology</td>
<td>3</td>
</tr>
</tbody>
</table>

Select 11 units from PHYS, PSYC, SLPA, or others in this area with approval

Select 16 units of any music course (in consultation with their advisor) to satisfy the electives

* Students repeat MAPP 010 in order to have a total of 8 units.

** 1. Students must obtain a grade of B- or better in all Music Therapy courses.
   2. Students must receive a grade of B- in MTHR 011 or MTHR 018 before they enroll in upper-division courses.

*** Repeated for four semesters.

**** Repeated for two semesters.

† Students can take up to six units of free electives (outside of the Conservatory) with consultation with their advisor.

Music Therapy Courses

MTHR 011. Music as Therapy: A Survey of Clinical Applications. 3 Units.

This course introduces the uses of music as a creative arts therapy, and it includes an overview of the history, theory, and clinical practice of music therapy across a broad range of settings. Classroom experiences, reading, films, and field observations introduce the student to various uses of music in the treatment of children and adults that are a foundation for the sequence of music therapy courses which together support development of required AMTA competencies for the professional music therapist. This course also offers an introduction to music therapy for interested persons in other health and pre-professional programs. This course is open to non-majors.

MTHR 018. Basic Skills for Music Therapists and Allied Professionals. 3 Units.

MTHR 018 focuses on the development of applied/basic music skills necessary for implementing therapeutic music interventions with children and adults. Students increase performance competencies in the areas of singing and accompanying, and explore improvising/composing/arranging with instruments such as autoharp, Orff and other rhythmic/ethnic instruments. The course includes development of song repertoire commonly used across various therapeutic settings. This course is open to non-Major. Prerequisite: MCOM 002.

MTHR 020. Observation and Assessment in Music Therapy. 2 Units.

This course focuses on developing observation skills and assessment competencies. Students will practice implementation of standardized and therapist-constructed assessments (through simulation) to appropriately measure and monitor progress and evaluate effectiveness of music therapy interventions for children and adults. For graduate students only who need to fulfill coursework for board-eligibility through the Certification Board for Music Therapists.

MTHR 135. Music with Children in Inclusive Settings: Therapeutic and Educational Applications. 3 Units.

This course presents specific music therapy techniques and skills for development of programs for children's successful integration within home/school/community environments. Students will identify and create therapeutic music strategies to effect changes in children's academic, social, motor, and leisure skills development. This course also acquaints students with relevant music therapy/education research and current legislation regarding children within inclusive settings. Open to non-majors. Prerequisites: SPED 123 and either MTHR 018 or MCOM 002; or with instructor permission.
MTHR 139. Research in Music. 2 Units.
The application of scientific methods to investigate music therapy and related disciplines (e.g., music education and music psychology) are reviewed, including: qualitative and quantitative methods and related designs, review and evaluation of research literature, and writing a research proposal. Statistical analyses and evidence-based practice are introduced. Prerequisite: MCOM 002 or Instructor Permission.

MTHR 140. Psychology of Music. 2 Units.
This course introduces the psychological foundations of music, including the study of acoustics, perception of sound, music and neuroscience, and physical and psychosocial responses to music. Prerequisite: MTHR 139 or MTHR 239 or permission of the instructor.

MTHR 141. Music Therapy in Mental Health and Social Services. 3 Units.
This course examines theory, research, and clinical skills related to music therapy for adults, children, and adolescents in various mental health and social service treatment settings. It also includes an introduction to current DSM criteria for mental disorders commonly encountered by music therapists, and an overview of major theories of psychotherapy as they relate to music therapy. The course introduces music therapy techniques for group treatment which includes music improvisation, songwriting, and basic relaxation methods. This course is for music therapy majors only and it must be taken concurrently with Fieldwork in Music Therapy. Prerequisites: MTHR 011, MTHR 018, MTHR 135, and MTHR 140, PSYC 017 and completion of Voice, Guitar, and Piano competencies.

MTHR 142. Music Therapy in Medicine and Health Care. 3 Units.
This course provides an overview of music therapy with children, adults, and older adults in medical settings. Students survey theories, methods, and empirically supported treatments in settings such as acute care, physical rehabilitation, gerontology, palliative care, preventative medicine, and health maintenance. It also includes the study of physical and psychosocial processes natural to aging and end of life, and assists students in developing skills in improvised music for relaxation and palliative care. The course is for music therapy majors only. Prerequisites: MTHR 141, BIOL 011 and completion of Voice, Guitar, and Piano competencies.

MTHR 143. Supervisory Techniques. 1 or 2 Unit.
This course offers techniques in the supervision of music therapy fieldwork. The course is only open to music therapy majors by permission of the instructor. Prerequisites: MTHR 020, MTHR 140 and MTHR 150.

MTHR 150. Fieldwork in Music Therapy. 1-2 Units.
Fieldwork provides students with structured clinical experiences in music therapy under the supervision of a music therapist in varying community settings. This course repeated for credit and taken concurrently each semester students are enrolled in MTHR 135, MTHR 140, MTHR 141 and MTHR 142. Prerequisites: MTHR 011 and MTHR 018. This course is open only to music therapy majors, and a minimum of 4 units of Fieldwork (MTHR 150) is required for completion of the music therapy degree program.

MTHR 187. Internship in Music Therapy. 1 Unit.
This course consists of clinical training experience at an internship site approved by the AMTA. Successful completion of required hours and competencies allows students to sit for the Music Therapy Board Certification Examination. Prerequisites: Successful completion of all coursework and functional music skills, competency evaluation and individualized internship training plan. Students are required to enroll in MTHR 150 within the period of one year prior to the start of internship.

MTHR 191. Independent Study. 1-2 Units.

MTHR 197D. Undergraduate Research. 1-4 Units.