MUSIC THERAPY

Bachelor of Music (Music Therapy)

Music Therapy combines the study of music with study in the behavioral and health sciences and prepares students for careers as music therapists in hospitals, special education settings, mental health and rehabilitation centers, correctional facilities, development centers, and in the community.

Designed to be completed in four years (inclusive of internship), the Music Therapy program is approved by the American Music Therapy Association (AMTA). The Bachelor of Music degree in Music Therapy is earned at the completion of three years of coursework plus a culminating clinical internship (MTHR 187). Students are eligible for the Board Certification Examination upon the completion of the internship at an approved clinical facility. Students must be enrolled for at least one unit of MTHR 187 during the semesters that cover the start and completion dates of the internship. A final grade for all units of MTHR 187 is given only upon receipt of the final internship evaluation.

In order to complete the Music Therapy degree, students must obtain a grade of B- or better in Music Therapy courses and demonstrate interpersonal and professional skills appropriate to the clinical profession as evaluated by the Music Therapy Faculty. A student who does not receive such a grade following the second attempt through a particular course may be disqualified from the Music Therapy major.

A student who receives a grade of less than B- in either MTHR 011 or MTHR 018 may not enroll in upper-division Music Therapy core courses until a B- grade or better is obtained in each of these lower-division courses.

All Music Therapy majors are required to demonstrate clinical musicianship proficiencies on piano, guitar, and voice before they enroll in the senior level capstone courses of MTHR 141, MTHR 142, and MTHR 150 (section 02). In this regard, all music therapy students will enroll in piano, voice, and guitar classes to develop these clinical musicianship proficiencies. These proficiencies will be assessed by examination with the music therapy faculty prior to beginning the MTHR 150 (section 1) and throughout practicum.

Clinical Musicianship

a. Accompany self and ensembles proficiently.
b. Play/sing a basic repertoire of traditional, folk, and popular songs in several keys.

Behavioral/Health Science Foundations

a. Demonstrate knowledge of the basic principles of normal human development, exceptionality, and psychopathology.
b. Articulate common/specific principles of therapy and the importance of the therapeutic relationship.

Music Therapy Foundations/Principles

a. Demonstrate knowledge about the historical, philosophical, psychological, physiological, and sociological bases for the use of music as therapy.
b. Explain the impact of contemporary issues in healthcare and education on music therapy practice.
c. Identify various models of traditional and contemporary music therapy practice.

Clinical Foundations

a. Demonstrate knowledge of various client populations.
b. Carry out clinical functions including: conducting assessments; planning treatment; implementing treatment; documenting progress (oral/written); and terminating treatment/planning discharge.

Ethics and Professionalism

a. Demonstrate knowledge of professional role and ethics.
b. Demonstrate knowledge of professional standards of clinical practice; interdisciplinary collaboration in designing and implementing treatment programs; supervision and administration.

Evidence-Based Practice

a. Interpret information in the professional research literature.
b. Demonstrate basic knowledge of historical, quantitative, and qualitative research.
c. Apply research findings to clinical practice in music therapy.

Bachelor of Music Major in Music Therapy

Students must complete a minimum of 120 units with a Pacific cumulative and program grade point average of 2.0 in order to earn the Bachelor of Music degree with a major in music therapy.

I. General Education Requirements

For more details, see General Education (http://catalog.pacific.edu/stocktongeneral/generaleducationprogram/)

Minimum 28 units and 9 courses that include:

A. CORE Seminars (2 courses)

CORE 001	Problem Solving & Oral Comm	3
CORE 002	Writing and Critical Thinking	4

Note: 1) CORE Seminars cannot be taken for Pass/No Credit. ***2)*** Transfer students with 28 or more transfer credits taken after high school are exempt from both CORE seminars.

B. Breadth Requirement (7 courses, at least 3 units each)

At least one course from each of the following areas:

Artistic Process & Creation
Civic & Global Responsibility
Language & Narratives
Quantitative Reasoning
Scientific Inquiry
Social Inquiry
World Perspectives & Ethics

Note: 1) No more than 2 courses from a single discipline can be used to meet the Breadth Requirement.

C. Diversity and Inclusion Requirement

All students must complete Diversity and Inclusion coursework (at least 3 units)

Note: 1) Diversity and Inclusion courses can also be used to meet the breadth category requirements, or major or minor requirements.

D. Fundamental Skills

Students must demonstrate competence in:

Writing	
Quantitative Analysis (Math)	

Note: 1) Failure to satisfy the fundamental skills requirements by the end of four semesters of full-time study at the University is grounds for academic disqualification.

II. Major Requirements

Students must obtain a grade of B- or better in all Music Therapy (MTHR) courses.

Major Area		
MAPM 021	Applied Music	2
MAPM 022	Applied Music	2
MAPM 023	Applied Music	2
MAPM 024	Applied Music	2
MAPM 125	Applied Music	2
MAPM 126	Applied Music	2
MTHR 011	Music as Therapy: A Survey of Clinical Applications **	3
MTHR 018	Basic Skills for Music Therapists and Allied Professionals **	3
MTHR 020	Clinical Assessment in Music Therapy	2
MTHR 135	Music with Children in Inclusive Settings: Therapeutic and Educational Applications	3
MTHR 139	Research in Music	2
MTHR 140	Psychology of Music	2
MTHR 141	Music Therapy in Mental Health and Social Services	3
MTHR 142	Music Therapy in Medicine and Health Care	3
MTHR 150	Practicum in Music Therapy ***	4
MTHR 187	Internship in Music Therapy ****	20
Supportive Courses in Music		
MCOM 032	Music Theory I	3
MCOM 033	Music Theory II	3
MCOM 042	Musicianship I	1
MCOM 043	Musicianship II	1
Select 6 units of the following:		6
MPER 073	Concert Band	
MPER 075	Ensemble Performance	
MPER 083	University Chorus	
MPER 060	Varied Ensemble	1
MAPM 009	Functional Guitar I	1
MAPM 010	Functional Guitar II	1
Two units selected from the Class Piano according to placement exam: MAPM 003, MAPM 004, MAPM 005, MAPM 006		2
MAPM 007	Functional Voice	1
MPER 054	Dean's Seminar	1
MHIS 006	Music of the World's Peoples	3
MHIS 011	Survey of Music History I	3
MHIS 012	Survey of Music History II	3
General Studies		
PSYC 017	Abnormal and Clinical Psychology	4
Select 3 to 5 units from one of the following:		3-5
BIOL 011	Human Anatomy and Physiology	
BIOL 041	Introduction to Biology	
BIOL 051	Principles of Biology	
Behavioral Health Science Elective (BIO, SPED, SLPA, EDUC & PSYC)		8

** a. Students must obtain a grade of B- or better in all Music Therapy courses.
b. Students must receive a grade of B- in MTHR 011 or MTHR 018 before they enroll in upper-division courses.

*** Repeated for four semesters.

**** Repeated for two semesters.