

MUSIC THERAPY

The Master of Arts in Music Therapy program at University of the Pacific prepares students for a career using music-based interventions in a focused and concentrated manner to address health-related, psychological, educational, and other rehabilitative needs. The program offers students greater depth and breadth in knowledge and skills for advanced clinical competency. Through advanced learning and skill development, students will have a vital competitive advantage in the current healthcare market to provide quality patient care.

Students must complete a minimum of 32 graduate level units (200+) with a Pacific cumulative grade point average of 3.0 to earn the Master of Arts in Music Therapy. At least 16 of the credits required for graduate degrees in music must be in courses intended for graduate students only. A single course that carries both an undergraduate and a graduate designation is not considered a course intended for graduate students only.

Two paths to obtaining an MA in Music Therapy

- **Two-Year Master of Arts in Music Therapy:** This 32-unit program is designed for students who hold an undergraduate degree in music therapy (or its equivalent) and are looking for advanced-level clinical skills or research practice to secure a competitive position in today's rapidly growing health care system.
- **Three-Year Plus Internship Master of Arts in Music Therapy:** This 55-unit* program is designed for those with a bachelor's degree in music or related fields (e.g. psychology, special education, etc.) who seek both entry- and advanced-level training in music therapy. Instruction in this program is delivered in the following ways: online (asynchronously); online/remote (synchronously); hybrid (in-seat and online/remote synchronously); and in-seat. The program begins with strong fundamental musicianship and adds specific knowledge and skills to meet the requirements of the Certification Board for Music Therapists (CBMT) and the American Music Therapy Association (AMTA).

* Additional units may be required depending on prior degree, coursework and experience

Plan of Study

Students focus on their specific personal career goals by selecting a thesis or non-thesis track supporting: a) development of advanced clinical, administrative, and program development skills, or b) preparation for eventual entry into teaching and research careers.

Both tracks in the Master of Arts in music therapy program allow for flexibility in the design of individualized study plans. Master of Arts students should consult with their adviser during the first term in residency to determine their overall plan of study and to detail their schedule of classes for each semester.

Program Policies

- Students must (a) maintain a minimum term and cumulative grade point average of 3.0, (b) earn a B- or better in all music therapy courses, and (c) demonstrate interpersonal and professional skills appropriate to the clinical profession as evaluated by the Music Therapy Program faculty, in order to remain in the program.
- Students must pass the Board Certification Examination or provide evidence of current re-certification (MT-BC) status prior to completion of the Master of Arts degree in music therapy.

- Students must demonstrate advanced clinical competencies as defined by the American Music Therapy Association (AMTA). Particular emphasis is placed upon the acquisition of advanced competencies relevant to the student's area of specialization.

Clinical Musicianship

- Design a broad range of improvisational experiences and utilize a variety of clinical improvisation techniques for therapeutic purposes.
- Apply advanced musical skills in the clinical use of at least two of the following: keyboard, voice, guitar and/or percussion.
- Design and employ a broad range of re-creative music experiences for therapeutic purposes

Music Therapy Theory

- Apply comprehensive, in-depth knowledge of the foundations and principles of music therapy practice.
- Articulate and defend a personal philosophy, approach and/or theory to music therapy.

Clinical Supervision

- Design and implement methods of observing and evaluating supervisees that have positive effects on music therapy students and professionals at various levels of advancement and at different stages in the supervisory process.
- Evaluate the effects of one's own personality, supervisory style, and limitations on the supervisee and the supervisory process and seek consultation as indicated.

Advanced Clinical Skills

- Apply comprehensive knowledge of current methods of music therapy assessment, treatment, and evaluation.
- Utilize advanced music therapy methods within one or more theoretical frameworks to assess and evaluate clients' strengths, needs and progress.

Research

- Perform and evaluate the results of a comprehensive literature review to identify gaps in knowledge.
- Conduct research according to ethical principles for protection of human participants, including informed consent, assessment of risk and benefit, and participant selection.

Master of Arts in Music Therapy

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Master of Arts in Music Therapy - 2 Year Music Therapy Foundational Courses:

| | | |
|----------|--|---|
| MTHR 231 | Individual Music Therapy: Advanced Theory and Techniques | 3 |
| MTHR 232 | Group Music Therapy: Advanced Theory and Techniques | 3 |
| MTHR 251 | Music Therapy Supervision I: Introduction to Theory and Applications | 1 |

| | | |
|----------|--|---|
| MTHR 252 | Music Therapy Supervision II: Applied Experience | 1 |
| MTHR 260 | Advanced Clinical Practice in Music Therapy * | 2 |
| MUSC 203 | Contemporary Issues in Music Education and Music Therapy | 3 |

- * 1. Two semesters, one unit each semester.
- 2. Students may fulfill one unit of this requirement by completing a Special Topics course in a clinical practice area.

Choose one of the following Options:

Option A, Thesis Plan

| | | |
|--|--|---|
| EDUC 201 | Techniques of Research | 3 |
| or MTHR 239 & MTHR 265 | Research in Music and Human Research in Music Therapy: Supervised Experience | |
| MUSC 202 | Introduction in Music Research | 3 |
| MTHR 299 | Thesis | 4 |
| Select three of the following Specialized Electives: | | 9 |
| EDUC 216 | Nature and Conditions of Learning | |
| EDUC 330 | Advanced Human Development I | |
| EDUC 331 | Advanced Human Development II | |
| EDUC 335 | Psychotherapeutic Interventions | |
| EDUC 337 | Crisis Intervention | |
| EDUC 338 | Consultation Methods | |
| EDUC 341 | History and Systems in Psychology | |
| EDUC 343 | Psychopathology and Wellness Promotion | |
| EDUC 348 | Neuropsychology | |
| MTHR 240 & MTHR 291 | Psychology of Music and Graduate Independent Study | |

Option B, Non- Thesis Plan

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|---|--|----|
| EDUC 201 | Techniques of Research | 3 |
| or MTHR 239 & MTHR 265 | Research in Music and Human Research in Music Therapy: Supervised Experience | |
| MTHR 245 | Clinical Clerkship in Music Therapy | 1 |
| MUSC 202 | Introduction in Music Research | 3 |
| Select four of the following Specialized Electives: | | 12 |
| EDUC 216 | Nature and Conditions of Learning | |
| EDUC 330 | Advanced Human Development I | |
| EDUC 331 | Advanced Human Development II | |
| EDUC 335 | Psychotherapeutic Interventions | |
| EDUC 337 | Crisis Intervention | |
| EDUC 338 | Consultation Methods | |
| EDUC 341 | History and Systems in Psychology | |
| EDUC 343 | Psychopathology and Wellness Promotion | |
| EDUC 348 | Neuropsychology | |
| MTHR 240 & MTHR 291 | Psychology of Music and Graduate Independent Study | |

Master of Arts in Music Therapy - 3 Year Plus Internship

Students must complete a minimum of 32 graduate level units (200 +) with a Pacific cumulative grade point average of 3.0 to earn the Master of Arts in Music Therapy. At least 16 of the credits required for graduate

degrees in music must be in courses intended for graduate students only. A single course that carries both an undergraduate and a graduate designation is not considered a course intended for graduate students only.

Pre-Board-Certification Courses:

| | | |
|----------|---|------|
| MTHR 011 | Music as Therapy: A Survey of Clinical Applications | 3 |
| MTHR 018 | Basic Skills for Music Therapists and Allied Professionals | 3 |
| MTHR 020 | Clinical Assessment in Music Therapy | 2 |
| MTHR 135 | Music with Children in Inclusive Settings: Therapeutic and Educational Applications | 3 |
| MTHR 141 | Music Therapy in Mental Health and Social Services | 3 |
| MTHR 142 | Music Therapy in Medicine and Health Care | 3 |
| MTHR 150 | Practicum in Music Therapy * | 1-2 |
| MTHR 187 | Internship in Music Therapy ** | 1-12 |

- * Must take a total of 4 units.
- ** Must take a total of 2 units.

Music Therapy Foundational Courses:

| | | |
|----------|--|---|
| MTHR 231 | Individual Music Therapy: Advanced Theory and Techniques | 3 |
| MTHR 232 | Group Music Therapy: Advanced Theory and Techniques | 3 |
| MTHR 251 | Music Therapy Supervision I: Introduction to Theory and Applications | 1 |
| MTHR 252 | Music Therapy Supervision II: Applied Experience | 1 |
| MTHR 260 | Advanced Clinical Practice in Music Therapy * | 2 |
| MUSC 203 | Contemporary Issues in Music Education and Music Therapy | 3 |

- * Two semesters, one unit each semester.

Choose one of the following Options:

Option A, Thesis Plan

| | | |
|--|--|---|
| EDUC 201 | Techniques of Research | 3 |
| or MTHR 239 & MTHR 265 | Research in Music and Human Research in Music Therapy: Supervised Experience | |
| MTHR 299 | Thesis | 4 |
| MUSC 202 | Introduction in Music Research | 3 |
| Select three of the following Specialized Electives: | | 9 |
| EDUC 216 | Nature and Conditions of Learning | |
| EDUC 330 | Advanced Human Development I | |
| EDUC 331 | Advanced Human Development II | |
| EDUC 335 | Psychotherapeutic Interventions | |
| EDUC 337 | Crisis Intervention | |
| EDUC 338 | Consultation Methods | |
| EDUC 341 | History and Systems in Psychology | |
| EDUC 343 | Psychopathology and Wellness Promotion | |
| EDUC 348 | Neuropsychology | |
| MTHR 240 & MTHR 291 | Psychology of Music and Graduate Independent Study | |

Option B, Non-Thesis Plan

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|------------------------------|--|----|
| EDUC 201 | Techniques of Research | 3 |
| or MTHR 239 & MTHR 265 | Research in Music and Human Research in Music Therapy: Supervised Experience | |
| MTHR 245 | Clinical Clerkship in Music Therapy | 1 |
| MUSC 202 | Introduction in Music Research | 3 |
| Select four of the following | Specialized Electives: | 12 |
| EDUC 216 | Nature and Conditions of Learning | |
| EDUC 330 | Advanced Human Development I | |
| EDUC 331 | Advanced Human Development II | |
| EDUC 335 | Psychotherapeutic Interventions | |
| EDUC 337 | Crisis Intervention | |
| EDUC 338 | Consultation Methods | |
| EDUC 341 | History and Systems in Psychology | |
| EDUC 343 | Psychopathology and Wellness Promotion | |
| MTHR 240 & MTHR 291 | Psychology of Music and Graduate Independent Study | |