

DIVISION OF STUDENT LIFE

The vision of Student Life at Pacific is to be a leader and advocate within the University of the Pacific and our profession by inspiring and cultivating global student citizens for a lifetime of learning, growth, engagement, and service. The mission of Student Life is to provide transformative educational experiences and essential services that advance student success. Through innovative thinking and dynamic programs, each Student Life member focuses on students' personal growth and educational experience. These values inform our individual roles and departmental functions and unify us as a Division. We realize our mission through:

- **Potential** - We are committed to providing a living, learning, and working environment that encourages both our students and our staff to reach their full potential;
- **Student Development** - We believe in educating the whole student by developing and supporting their emotional, environmental, financial, ethical, intellectual, physical, and social needs;
- **Meaning and Purpose** - We believe in the importance of providing opportunities to those seeking meaning and purpose in ones' life and value the various activities and practices associated with a religious or spiritual tradition including, but not limited to, meditation, reflection, or prayer;
- **Responsible Leadership** - We believe that leadership manifests itself in many forms. It can be taught, developed, and nurtured and is a tool that encourages success throughout students' education, lives, and future careers;
- **Achievement** – We believe that each student is unique and deserves a comprehensive system of support services that will assist in meeting their educational and personal goals;
- **Diversity and Inclusion** - We are committed to social justice, diversity, and challenging forms of hate and exclusion, and;
- **Community Involvement** - We believe in the value of community service, volunteerism, and in the importance of civic engagement, connection, and participation.

Freshman Orientation

Even after four successful years of high school, for most students, college is the first day of school all over again. Freshmen orientation is specifically designed to address the transition into college life for the first-time college student. During orientation, first year students have the opportunity to meet and develop rapport with current Pacific students, faculty and staff, while also learning about all aspects of campus life. New students also learn about academic majors, expectations, participate in advising, and complete registration for fall classes as a part of the orientation experience.

Transfer Orientation

Transfer orientation is designed to recognize and build on the previous college experiences of transfer students, while at the same time introducing them to the unique aspects of college life at Pacific. Transfer students participate in an orientation program that includes academic advising, course registration and information about how to quickly become engaged in Pacific's academic and campus culture. During Transfer orientation, students have the opportunity to interact with many faculty, students and staff that may play a key role in their college career and time at Pacific.

Family Orientation

Family members who attend Family Orientation leave with an understanding of Pacific culture, knowledge about academic requirements and expectations, and information about the services and opportunities available to their student. Family members who participate in orientation can also expect to enjoy Pacific hospitality and the company of other families during their time on campus.

Week of Welcome

Week of Welcome (WOW) serves as a kick off to the academic year at Pacific. For all new students, the week is designed to give an opportunity to transition to Pacific, creating a bond with the University and the surrounding community. During WOW all new students will participate in a variety of activities to help prepare them for success at Pacific. The week includes New Student Convocation and an all campus BBQ. For returning students, the week provides time to reconnect with friends, faculty and staff and prepare for the rigors of the coming year.

New Student Convocation

New Student Convocation serves as a formal welcome of all new students into the academic life of the University. During the ceremony, Pacific's values of scholarship, leadership, and citizenship are introduced and highlighted. New Student Convocation is also intended to be a celebration of university life and a formal acknowledgement of the university's commitment to support students in the achievement of their educational goals – both inside and outside the classroom.

Parent Programs

Parents and family members with questions about Pacific resources or programs may seek assistance through the staff of New Student & Family Programs at (209) 946-7619 or by sending an email to parentassociation@pacific.edu. University calendar information, campus news, and special event information can be accessed through the "Parent" page (<https://www.pacific.edu/pacific-newsroom/new-resources-help-students-and-families-navigate-pacific/>). If you'd like to receive the monthly parent newsletter please email parentassociation@pacific.edu including your student's name and ID number.

Student Outreach and Academic Support Services

Community Service Opportunities

The Center for Community Involvement (CCI) provides in-depth learning in Leadership, Advocacy, and Activism through service to the Stockton community. CCI provides students with opportunities and resources to contribute through community service and volunteer work with a diverse number of non-profit organizations. During the academic year Pacific students tutor youth, conduct on-campus enrichment programs, and volunteer at many non-profits including Habitat for Humanity, Stockton Shelter for the Homeless, St. Mary's Dining Hall, Boggs Track Community Farm, and many more. Additional campus-community involvement opportunities have included students from the School of Education who teach youth to construct balloons and pin wheels during the annual Balloon Fest, Physical Education students who teach swimming to the disabled; Spanish-speaking students who teach adult Mexican-Americans to speak and read English. For more information on current community service opportunities and the Reach Out program see Reach Out Online (<http://pacific.galaxydigital.com/>).

In addition, Pharmacy students are actively involved in the community through the Academy of Students of Pharmacy. Programs sponsored by the students include the Aids Awareness, Diabetes Education, the Drug Awareness Children's Carnival and Immunization Certificate programs. The prominence of the Pharmacy students in these areas has manifested itself over the years by the accumulation of awards and grants.

Community Involvement Program

The Community Involvement Program (CIP), established in 1969, is a comprehensive need-based scholarship and retention program for first-generation college students from the Stockton community who have demonstrated the potential for sustainable leadership, and community involvement. The program is for students who have lived 3 years in Stockton and graduated from a local high school or are transferring to Pacific from San Joaquin Delta College. CIP students are provided opportunities to return to the community as leaders and agents of social change, promoting education with local youth.

For more information contact the CIP Office at:
Community Involvement Program
McCaffrey Center, First Floor
Telephone: (209) 946-2436
Fax: (209) 946-2176

Email: cip@pacific.edu

The Women's Resource Center

The Women's Resource Center (WRC) aims to increase awareness and scholarship regarding women's and gender issues, to celebrate and cultivate leadership on campus and beyond, and to empower students to be active participants in bringing about social change. Annual events hosted by the WRC include the Women of Distinction Awards Luncheon as well as programming for Women's History Month, Sexual Assault Awareness, and Domestic Violence Awareness. In partnership with the Office of Title IX, the WRC runs the Title IX Peer Education Program to encourage students to help end gendered violence in our community. Located inside the Intercultural Student Success Center, the WRC is a welcoming space for students to study, relax, and find community.

Military and Veteran Student Center

Pacific's Military and Veteran Student Center is dedicated to providing programs and services in support of the academic and personal success of our students who have or currently are serving in the United States Armed Services and their qualified dependents. The MVSC serves as a safe space to connect, while supporting students' professional goals.

Intercultural Student Success

Intercultural Student Success (<http://www.pacific.edu/Campus-Life/Diversity-and-Inclusion/Multicultural-Affairs.html>) strives to provide enriching educational opportunities for students of all backgrounds. ISS is an inclusive community that advances student success by helping students navigate their identity development and build intercultural competence. The department includes the ALANA (African, Latinx, Asian Pacific Islander, Native American) Center, Black Student Success, El Centro (Latinx Outreach), The Pride Resource Center, and the Women's Resource Center. Together, these areas work to help support students' intersectional identities through building community, capacity, and advocacy.

The Pride Resource Center (<http://www.pacific.edu/Campus-Life/Diversity-and-Inclusion/Multicultural-Affairs.html>) provides holistic and identity conscious support services to the lesbian, gay, bisexual, transgender, queer, questioning, intersex, and asexual (LGBTQQIA+)

community at Pacific. Signature programs and events include: Safe Zone LGBTQ+ Awareness & Allyship Training, National Coming Out Day, Pacific Pride Week, and Lavender Graduation. The PRC strives to be a leader and advocate for LGBTQ+ inclusion and equity within the University of the Pacific and the greater Stockton community.

El Centro (Latinx Outreach and Academic Resource Center)

El Centro's mission is to assist in recruiting new undergraduate students, retain current students, build mutual beneficial partnerships with community organizations, connecting students to internal and external resources, advising Latinx-focused student groups, and in planning and developing rich and relevant programming around Latino/a/x themes and issues. El Centro also helps the University's commitment to diversity, inclusivity, national/ international education and cross-cultural understanding. El Centro is a home away from home for all students on or off campus.

Some of our annual events include Bienvenidos Week, Student Financial Aid and College Awareness Workshop, Raza Unida Conference, Pozole for the Academic Soul, Latinx Heritage Month, and Latinx Graduation.

We are located at Raymond Lodge (El Centro) between Casa Warner and Price House Residence Halls and across from the Vereschagin Alumni House. For more information call 209.946.7705.

Black Student Success

Black Student Success offers programs and support services to students of African descent. Throughout the school year, Black Student Success hosts receptions, academic workshops, networking events with members of the Black Alumni Club, and social events. Black Student Success also offers book scholarships of up to \$250 for students in need.

A signature program of Black Student Success is Students Emerging as Pacificans (STEPS) program. STEPS is a 4-day retreat that assists incoming students of African descent with their transition to college life. Pacific faculty, staff, current students, and alumni work directly with STEPS participants, introducing them to University and community resources to enhance their academic and co-curricular success.

Housing

University of the Pacific, Sacramento Campus offers a variety of on-campus housing opportunities in order to provide an invaluable scholarly experience. Located in the heart of the California state capitol, our on-campus residential community is the best way to fully participate in academic life. We firmly believe that by living on campus, students can maximize their time for more faculty interaction, enhanced learning, and social growth.

The Housing Office is located in the Student Life Building, in-between the Student Center and Northwest Hall. We encourage you to visit our office for more information about on-campus housing opportunities or for assistance in finding off-campus housing. Our office continues to build partnerships with off-campus renters across Sacramento County, so please reach out to us if you would like some help finding the best housing opportunity for you!

Dining Services

The Dining Service Program is provided by Bon Appetit, the premier name in university dining. Menus are created by the on-site Executive Chef with an emphasis on taste, quality, and using only the freshest ingredients. The program requires that students who reside in the residence halls and apartments participate. The program also features a dining plan for off-campus students. Multiple student dining options are found at the

University Center, whereas “Grab and Go” alternatives available in the Grove.

Pacific’s meal plan works like a debit card. This plan is useable at the eating venues in the University Center and throughout other campus dining locations. Each time a student makes a purchase at one of the many dining venues, the amount is deducted from the balance. A receipt is provided that shows the amount used and the remaining balance left on the account.

Students are able to use their meal plan account in a variety of dining locations through the University Center including the Marketplace (the main dining facility), The Lair (the campus pub), and the Calaveras Coffee House. In addition, students can use their account at the Davey Café (located in the Library), the Health Sciences Café (located in the Health Sciences Learning Center), the E.A.T. Food Truck (located on South campus), and the Grove, a University Convenience Store (located in the McCaffrey Center). The Grove offers items such as detergent, household cleaning supplies, toiletries, as well as “grab and go” food options such as fresh made salads, coffee, soups, sandwiches, and desserts.

The Marketplace features a variety of stations to choose from including a **Pomodoro** station that features Italian-inspired meals, a **New York Deli** station that creates both hot and cold sandwiches, a **Wok to Thailand** station that offers specialties from Thailand, a **Smoke House** station that focuses on grill menu options, and other menu options that include a salad bar, home-style soups, freshly baked desserts, and beverages. Within our food stations, you can find vegetarian, gluten-free, and halal meat options.

For more information on meal plans, please contact Residential Life and Housing at 209-946-2331 or iamhome@pacific.edu.

Pacific Health Services (P-HS) and Counseling and Psychological Services (CAPS)

Pacific Health Services (P-HS) and Counseling and Psychological Services (CAPS) are both departments within the Division of Student Life, and are located on all three Pacific campuses. Both departments offer both in-person and virtual support. Below are the locations and information for each campus.

- **Stockton Campus:** Cowell Wellness Center (1041 Brookside Road (<https://goo.gl/maps/tjbcxcDmqEFNUXU59/>); across the foot bridge on the north side of campus).
 - **Health Services Hours:** 7:00am - 5:00pm
 - **CAPS Hours:** 8:00am - 5:00pm (virtual appointments available until 6:00pm)
- **Sacramento Campus:** Halbert Hall (3257 5th Avenue (<https://goo.gl/maps/kSvUTghZMQMyCDpF9/>)).
 - **Health Services Hours:** 8:00am - 5:00pm (*closed 12:00pm-1:00pm for lunch*)
 - **CAPS Hours:** 8:00am - 5:00pm (virtual appointments available until 6:00pm)
- **San Francisco Campus:** Wellness Center, Room 513 (155 5th Street (<https://goo.gl/maps/pf6VUTw2QUbPdoNG8/>)).
 - **Health Services Hours:** Monday & Thursday, 7:30am - 4:30pm, Tuesday 8:30am - 5:30pm, Virtually Wednesdays 11:30am - 6:00pm and Monday, Tuesday, Thursday, & Friday 7:00am - 4:00pm
 - **CAPS Hours:** 8:00am - 5:00pm Mondays, Tuesdays, and Thursdays (virtual appointments offered daily 8:00am - 6:00pm)

Professionally staffed advice lines are available during non-business hours for enrolled students.

- **Student Health Services Contact Information:** 209.946.2315 x1; Website (<https://www.pacific.edu/student-life/safety-wellness/student-health-services/>)
 - **Nurse Advice Line:** 209.946.2315 x4
- **Counseling & Psychological Services Phone Number:** 209.946.2315 x2; Website (<https://www.pacific.edu/student-life/safety-wellness/counseling-and-psychological-services/>)
 - **24/7 Therapeutic Support:** 209.946.2315 x3

Student Health Services

Student Health Services (SHS) is located in Halbert Hall on the Sacramento campus. Services are provided on an appointment basis; walk-in visits are seen case-by-case, determined by the urgency of the presenting condition. Use the portal MyHealth@Pacific (<https://healthservices.pacific.edu/>) to book a visit. Visit the health services’ website (<http://www.pacific.edu/healthservices/>) for more information. After hours or on the weekends, students can access a contracted Nurse Advice Line at 209.946.2315 option 4. Students enrolled in the Student Health Insurance Plan (SHIP) also have access to 24/7 telemedicine services through LiveHealth Online. Download the app in the App Store or on Google Play.

The Cowell Wellness Center Fee allows students to be seen without paying an office visit or co-pay, regardless of health insurance status. Further costs may be incurred with the purchase of medication, immunizations, procedures, diagnostic testing, or referrals to off-campus health care providers. Students must pay these additional costs associated with their care at the time of service and, in some cases, may submit an itemized receipt for reimbursement to their health insurance plans.

The comprehensive SHS team for the three campuses consists of a Physician, Nurse Practitioners, Medical Assistants, Phlebotomists, Insurance Coordinator, Immunization Coordinator, and a Registered Dietitian. Health care delivery and medical record management are protected by privacy and confidentiality regulations.

SHS provides a wide variety of medical services, including the management of common health problems such as acute minor illnesses and injuries and preventive care including nutrition services, gynecology, contraceptive maintenance, STI testing, immunizations, and routine physicals. Several categories of medication are provided directly through SHS; otherwise, prescriptions are filled at local pharmacies. Laboratory services include limited in-house testing and full service processing through local labs.

Management of chronic conditions is provided on a case-by-case basis, depending on the complexity of the situation. Typically, students are referred to local specialists for this care. Hospitalization and emergency treatment for life-threatening conditions are not managed at SHS. In those circumstances, care is referred to a local hospital. Staff may arrange for ambulance transport as indicated.

Students are required to meet the immunization and TB clearance as a part of university enrollment requirements. Students should upload documents through the medical portal MyHealth@Pacific (<https://healthservices.pacific.edu/>). The fall deadline is 10/15 and the spring deadline is 2/15 each year. Students must check their status and respond to communication through the portal. Failure to become compliant with the immunization policy will result in a registration hold and, in some instances, a late fee.

Health Insurance

Health insurance is a mandatory non-academic condition for enrollment. To ensure that all students have adequate health care coverage, including ongoing primary and specialty care, and to satisfy the mandatory health insurance requirement, Pacific automatically enrolls all registered students listed below into the Anthem Blue Cross of CA PPO, Student Health Insurance Plan (SHIP).

- Undergraduate and Pharmacy Students enrolled in **9** or more units
- Dental Students, International Students, and Graduate Students enrolled in **1** or more units
- Law Students enrolled in **6** or more units
- Advanced Education in General Dentistry (AEGD): **all residents**

This policy excludes distance learning, off-campus, and external programs, and therefore students are not eligible to enroll in SHIP.

Each term that a qualified student is enrolled in classes at Pacific, the student account is automatically charged the fee for SHIP and you will be enrolled automatically*. The fee will appear on your e-bill statement as a separate charge.

Qualified students who have their own comprehensive health insurance coverage and do not wish to be enrolled in Anthem Blue Cross PPO may apply to waive out of the Student Health Insurance Plan (SHIP).

Health Insurance Waiver Requirements: Your health insurance plan must include ALL of the following in order to qualify for a waiver (Domestic and International Students)

- The plan must provide coverage for medical evacuation of \$50,000 and repatriation of remains of \$25,000 (**International Students**)
- coverage for the entire academic year
- must be a U.S. based insurance company
- coverage for inpatient and outpatient hospitalizations
- coverage to local doctors, specialists, hospitals, and other health care providers in emergency and non-emergency situations within your campus area
- coverage for lab work, diagnostic x-rays, emergency room treatment, and prescription coverage within your campus area
- coverage for inpatient and outpatient mental health, substance abuse and counseling services in your campus area

The following types of insurance plans are NOT acceptable and will NOT be considered:

- Non-ACA (Affordable Care Act (<https://www.healthcare.gov/where-can-i-read-the-affordable-care-act/>)) compliant health care plan
- Short Term Medical Plans that are available to purchase on a weekly or monthly basis
- Insurance Plans that are underwritten in a Country outside of the United States
- California Medi-Cal Health Plans that do NOT have assigned benefit coverage in your UOP campus area
- Out of State Medicaid Insurance does not cover students in California

All waivers must be submitted during the open waiver period. For the waiver period and more information please visit: <https://www.pacific.edu/healthservices>

Counseling and Psychological Services (CAPS)

- The CAPS mission is to promote student growth and development, with regard to both personal characteristics and interpersonal

competencies. We do this in the service of enabling students to benefit from and maximize their educational experience at Pacific.

We also consistently strive to integrate multiculturalism into the everyday functioning and structure of our agency. Through the broad range of therapeutic services that we offer, persons may come to appreciate the uniqueness of their personalities and discover new ways to develop their potential. We have seen students make personal progress through the therapeutic process and tools provided by CAPS. We utilize a stepped care model to provide students with the tools they need to be academically successful.

• We Offer:

- A place where your voice will be heard.
- A compassionate and confidential atmosphere to discuss personal concerns.
- Specialized therapeutic assistance to students who are encountering adjustment problems or who are experiencing psychological and emotional distress.
- Our services to Pacific students from all backgrounds, ages, and walks of life.
- Our skills and expertise to the Pacific community through consultation, prevention services, and outreach.
- Services that foster the development and behaviors necessary for success at University of the Pacific as well as in a complex global environment.
- We offer both in-person and virtual services across our three campuses. CAPS serves as a confidential resource and provides a broad range of therapeutic services, including group therapy, individual therapy, couples sessions, informal consultations, and online assisted therapy for students experiencing emotional distress, anxiety, depression, adjustment concerns, and/or more serious mental health issues. CAPS also offers psychiatric medication management, crisis consultation, and preventative outreach/education on a variety of mental health topics.
 - Appointments can be scheduled by calling 209.946.2315 x2 or completing our **Appointment Request Form** (<https://pacific-cs.titaniumhwc.com/Appointment/>).
- CAPS has 24/7 on-call therapeutic support that can be accessed by calling 209.946.2315 x3.
- CAPS also offers online self-guided therapy through TAO Self-Help, which can help you manage your own emotional well-being through the use of learning modules. Access TAO Self-Help by using your Pacific email address at: <https://us.taoconnect.org/login> (<https://us.taoconnect.org/login/>).
- For more information, please see our **website** (<https://www.pacific.edu/student-life/safety-wellness/counseling-and-psychological-services/>) or call us at 209.946.2315 x2.

Pacific Wellness

The PacWell Department values collaboration, partnering, and student focused growth. Our team values accountability, communication, being realistic, trust, creativity and innovation. We are creative partners, focusing on whole-student agility and growth, and our aim is to create a campus culture of wellness. We are located on the Stockton campus and housed on the third floor of the Cowell Wellness Center.

PacWell offers a variety of fun, engaging educational opportunities so students and staff can gain skills in one or all of the eight life skill areas: social, emotional, physical, spiritual, career, financial, intellectual and environmental. We offer Tame the Tiger: Mastering Stress the second week of October and Wellness Week during the last week of March. We also offer a variety of quick, engaging activities that include alcohol

awareness, hydration, sleep, nutrition, studying well and more during Wellness Corner, which occurs every other Wednesday and is located in Baun Fitness.

Student Health 101 is our online health and wellness magazine that offers a myriad of wellness topics spanning all eight dimensions. Every student, staff, faculty and parent who would like to receive the magazine is placed on our emailing list.

PacWell also offers a myriad of workshops both on campus and inside the Residential Life living communities. Any RA or professional staff who requests a workshop can do so through the Health and Wellness Liaison or the Director of PacWell, or visit the workshop section on our webpage (<http://www.pacific.edu/Campus-Life/Activities-and-Programs/Pacific-Wellness.html>).

PacWell also offers the Pacific Food Pantry (<http://www.pacific.edu/Campus-Life/Activities-and-Programs/Pacific-Wellness/Food-Pantry.html>) to any student struggling with food insecurity. The pantry is located on the second floor of Cowell Wellness Center. Simply show your Pacific ID to the front desk staff and help yourself to one bag of non-perishable food items per week.

The Student Victim Advocate Program

The Student Victim Advocate Program (<http://www.pacific.edu/Campus-Life/Safety-and-Conduct/Victim-Advocacy-Program.html>) is housed within Public Safety on the 3rd floor of the Cowell Wellness Center. The Student Victim Advocate is a trained professional which provides confidential and free **non-judgmental** support and information to students and employees who may be victims of crime, violence or abuse. The student victim advocate serves all three campuses and strives to treat victims with **compassion** and **respect**.

The Student Victim Advocate is also available to speak to classes, student groups, and residential communities on topics such as: sexual assault awareness, healthy relationships, personal safety and self defense.

Contact Information

Business Hours: Monday-Friday 8:30am-4:30pm call **209.403.0250** or **209.946.2428**

After Hours: Call counseling services at **209.946.2315 ext. 2**, then **choose option 4**

24/7 Hot-line: Call the Women's Center hotline at **209.465.4997**

Career Services

The Career Resource Center (CRC), located in the McCaffrey Center, is a comprehensive career center offering services to students and alumni seeking to establish and accomplish employment and graduate education goals. Students are encouraged to engage in the "Tigers on Pace" four-phase career plan, beginning in their freshman year at Pacific.

This instrument emphasizes individuals participating in active career exploration and skill building over their course of enrollment at Pacific, including through internship and other experiential learning opportunities.

The CRC also sponsors and coordinates on-campus recruitment events including career fairs, etiquette dinners, employer information sessions, and on campus interviews. Throughout the year over 150 diverse companies and organizations are engaged on campus and interact with students and alumni. In addition, employment and internship opportunities are easily accessed through postings on Tiger Jobs, and are available 24/7.

Additionally, the CRC provides access to a variety of hard copy job search and career exploration resources in the office or electronically through

the CRC website at www.pacific.edu/careers. For more information contact the CRC at 209-946-2361.

DeRosa University Center

The University Center at Pacific is a student-centered extension of the University's mission that highlights personal and academic excellence. Constructed in the heart of the beautiful Stockton campus, the University Center serves as a powerful example of Pacific's commitment to sustainable design, green construction practices and environmental stewardship.

The University Center consists of many interrelated spaces that have been designed to encourage and support a diverse menu of social and educational programs.

The building offers:

- Pacific's first green building
- Full service pub
- Entertainment venues
- Hi tech meeting rooms
- New student bookstore
- Multiple dining spaces
- Ultra gaming lounge
- Exterior seating and social spaces
- Pacific Marketplace, Pacific Commons (dining hall), Calaveras Coffee Co. (coffee shop), The Lair (pub), The Brickyard (pub performance space), The River Room (formal dining room)

Art Gallery

The Richard H. Reynolds Art Gallery is a professional exhibition space featuring a rotating schedule of national, regional, and student artists. Exhibitions, artists' talks, and demonstrations support the academic goals of the Department of Art and Graphic Design and offer unique art experiences to the entire University community. The Gallery is located on south campus in the Jeannette Powell Art Center adjacent to the art and graphic design studios.

Pacific PROMISE Scholars

The University of the Pacific is proud to be a private institution of higher education to provide a support program to assist its students who are former foster care students and others from similar backgrounds. Eligible students can receive many services to assist in their successful transition to Pacific including mentoring, social events, college starter kits and finals baskets. In addition, scholarships may be available for eligible students.

For more information, contact: Pacific PROMISE Scholars
McCaffrey Center, First Floor
Phone: (209) 946-3917
Email: abautist@pacific.edu

SUCCESS

The University of the Pacific is one of only a few private universities in California that have sponsored a federal TRIO program for its first generation college students since 1979. The goal of the program is to assist eligible students in their retention and graduation by providing comprehensive services, grants and activities. Studies by the U.S. Department of Education have shown that students who participate in these programs are twice as likely to remain in college and to graduate than their peers who do not participate in similar programs.

For more information contact the SUCCESS Office at:

McCaffrey Center, First Floor
Phone: (209) 946-2439
e-mail: success@pacific.edu

Upward Bound Program

Upward Bound is a Federal TRiO program that provides fundamental support to Edison high school students with free educational and personal support services. Services offered are tutoring services, college and career preparatory workshops, college campus tours, and individual graduate success plan. In addition, we offer a 6-week summer component at the University of the Pacific.

For more information contact the Upward Bound Office at:

Cowell Wellness Center, 3rd Floor
Phone: (209) 932-3265
Email: upwardboundprogram@pacific.edu

Religious and Spiritual Life

Our goal is to cultivate and support religious and spiritual life at Pacific in all its many forms. We serve the needs of all students, no matter what one's religious tradition, or if you don't consider yourself religious or spiritual at all. While we make no claim to have all of life's answers, we can help point you in the right direction, provide resources for you, and work with you through the questions that will inevitably arise as you grow during your time at university. We can also help you find people or groups who share your interests. Our hope is that in doing so you will find a level of fulfillment, understanding, and perhaps meet other people who you can journey with in the questions of life.

The multifaith Chaplain's Office in Religious and Spiritual Life provides spiritual care and support for all students. Visit Sears Hall (connected to Morris Chapel) to meet the Chaplains and Affiliate Campus Ministers. Pacific has many active religious, faith, and spiritually-based student organizations including (among others): Asian American Christian Fellowship, Black Campus Ministries, Chi Alpha Christian Fellowship, Fellowship of Christian Athletes, Health Sciences Christian Fellowship, Hillel Jewish Student Club, Indian Student Association, Interfaith Council, Muslim Student Association, Newman Catholic Community, Nest Prayer Family, Open Door Methodist Student Ministry, Orthodox Christian Fellowship, Pacific Christian Fellowship (Intervarsity), Secular Student Alliance, and Sikh Student Association. There are also over 160 different churches, synagogues, and other places of worship and religious organizations in the greater Stockton area. Go to www.pacific.edu/religiouslife (<https://www.pacific.edu/student-life/religious-spiritual-life/>) for more information.

Campus Safety

The University is serviced by the Department of Public Safety who are sworn officers. The campus police are dedicated to the goal of maintaining the excellent safe academic environment that the University provides. The department provides many services, which are designed to make the time spent on campus a pleasant and rewarding experience. Students are encouraged to avail themselves of these services. University of Public Safety programs include: sexual assault prevention, self protection, crime prevention, emergency phones, weekend shuttle service around Stockton. Ride Along Program, and special event planning. The office also oversees the S.T.R.I.P.E program which is a safety escort service managed by students. For any further information or questions that you may have, phone Public Safety at (209) 946-2537 or visit our web site link under Student Life at www.pacific.edu (<http://www.pacific.edu/>).

Campus Safety and Security Report

University of the Pacific publishes an Annual Safety and Security Report for the Stockton campus that includes statistics concerning reported crimes that occurred on and around the Stockton campus for the previous three years. The Report specifically identifies statistics for crimes that occurred on campus, in certain off-campus buildings owned or controlled by the University and on public property within, or immediately adjacent to and accessible from the campus.

The Report also includes institutional policies and procedures related to campus safety and security. The Report provides information on the University of the Pacific's policies concerning alcohol and drug use, sexual assault and fire safety, including fire statistics. Additionally, the Report outlines University procedures for reporting crimes, providing emergency response, emergency evacuations and emergency notifications.

The report is available on-line at:

<https://www.pacific.edu/campus-life/safety-and-conduct/public-safety-and-services/clery-and-crime-information.html>

You may also contact the Department of Public Safety to obtain a hard copy of the report.

Information on registered sex offenders is available on-line at <http://www.meganslaw.ca.gov>. or from the Stockton Police Department located at 22 E. Market Street.

Activities and Organizations

While giving primary emphasis to the goal of academic excellence, the University recognizes and encourages co-curricular activities through academic, political, recognition, professional, and fraternal activities. There are a wide variety of religious, social, cultural, recreational, special interest and governance organizations.

Student Government

The Associated Students is the student government of the University of the Pacific (ASuop). ASuop is funded by the University of the Pacific students. The organization houses three different entities which are the Arts and Entertainment (A&E), Graphic Design, and Student Government. ASuop has a dual mission:

1. To serve as an official channel for the free exchange of ideas and opinions among the administration, faculty, staff, and students;
2. To provide services and student activities across campus that enrich the social, cultural, and educational aspects of university life.

A per semester fee is assessed to every undergraduate or professional student registered with more than 8.5 units including them as an ASuop member. Income from the fee funds various programs and services, including funding to RSOs and various campus-wide events and entertainment. The success of ASuop depends upon active student involvement. To get involved or for further information, visit the ASuop office located on the second level of the McCaffrey Center, or call (209) 946-2233.

Intercollegiate Athletics

The University is a NCAA Division I institution and a member of the West Coast Conference, the Golden Coast Conference (m/w water polo), and the Mountain Pacific Sports Federation (m/w swimming). A broad range of intercollegiate athletic opportunities are offered in both team and individual sports. Men's sports include baseball, basketball, golf, soccer,

swimming, tennis, and water polo. Women's sports include basketball, beach volleyball, cross country, soccer, softball, swimming, tennis, track, volleyball and water polo. Notable among the facilities are the Pacific Aquatics Center with an Olympic-size swimming pool, Klein Family Field (baseball), Janssen-Lagorio Gymnasium, Raney Sand Volleyball Courts, Bill Simoni Field (softball), Eve Zimmerman Tennis Center, and the 6,000-seat Alex G. Spanos Center.

Campus Recreation - Pacific Recreation

Pacific Recreation offers the campus community (Student's, Faculty and Staff) opportunities to participate programs, facilities and services to experience and build on their wellbeing. The program is based out of the Baun Fitness Center which includes Cardio and Strength Fitness Equipment, fitness studios, climbing wall, locker rooms and a racquetball court. Pacific Recreation also offers programming and events in Main Gym, Brookside Field, Gardmeyer Field and shares access to the Janssen-Lagorio Gym. Programs offered including Intramural Sports, Sport Clubs, Tiger X Classes, Personal Training and Tiger Escapes. Pacific Recreation offers the campus community a great to engage and personal wellbeing through active participation in a variety of programs, services and facilities. For a complete list of programs, services and opportunities please visit www.pacific.edu/rec (<https://www.pacific.edu/student-life/activities-programs/pacific-recreation/>) for more information.

Theatre Arts

Theatre Arts contributes to the cultural and entertainment life of the campus and community by presenting a regular season of plays and dance concerts in the Long Theatre and the DeMarcus Brown Studio Theatre. These productions are an experiential laboratory for theatre arts minors and are also open to all students by audition, generally during the first week of the semester. Units applicable toward graduation may be earned through registered participation.

KPAC (Pacific Student Radio)

Students have the opportunity to participate in the activities of KPAC, a student operated and simulcasted radio/TV station. The station allows students to gain practical experiences and test classroom theory. KPAC utilizes a low-powered FM signal, streams online video and audio, and broadcasts across campus via the university's closed circuit TV system.

ASUOP Graphic Design Studio

ASUOP Graphic Design Studio is dedicated to the creation of digital media- specifically as it is related to digital marketing and advertising. A comprehensive program, it includes digital still photography, digital video, editing, and creation of motion graphics and still marketing pieces. ASUOP Graphic Design Studio is an educational environment in which students gain hands-on experience with state of the art equipment.

ASuop Arts & Entertainment (A&E)

ASuop Arts & Entertainment (A&E) entertains, enriches, and educates the University of the Pacific and the City of Stockton with a variety of events. A&E is comprised of a small talented event planning student staff whose mission is to further enhance the social, cultural, and educational aspects of student life while expanding students' knowledge and building leadership skills. With an off-campus trips series that takes students all over California, to a weekly film series, A&E gives new perspective and new experiences to students at Pacific. A&E also produces weekly evening programming in the Lair, where you can find open mic nights, karaoke, and live music! Annual staple programs include Block Party, OASIS, Homecoming, DeStress Fest, a Spring Break trip and a concert. Past artists include: Cheat Codes, IAMSU, DJ Mustard, Kehlani, Cash

Cash, A\$AP Ferg, Macklemore, The Cataracs & DEV, John Legend, Talib Kwali, Lupe Fiasco, Common, just to name a few.

Be our friend on Facebook @ASuop Arts & Entertainment or follow us on Twitter, Instagram and Snapchat @ASuopAE.

Conservatory Ensembles

The Conservatory of Music provides students with extensive music ensemble opportunities. Our ensembles include orchestral, wind band, jazz, choral, opera theatre, and varied small groups. Pacific students may audition for our University Symphony Orchestra, Wind Bands, Pacific Singers, Pacific Opera Theatre, and Jazz Ensemble. Additionally, the University Chorus and University Concert Band are open to all students without an audition. The Conservatory of Music also offers a variety of options for smaller groups to include: jazz combos, varied chamber music ensembles, Pep Band, and Mariachi Ocelotlan. Ensembles at Pacific present concerts throughout the year in our Recital Hall and Faye Spanos Concert Hall.

<https://music.pacific.edu/music/about-the-conservatory> (<https://music.pacific.edu/music/about-the-conservatory/>)

National Professional Organizations

Alpha Chi Sigma. Chapter for chemistry students who intend to make some phase of chemistry their life work.

Alpha Phi Omega. Alpha Alpha Xi Chapter for students interested in service.

Delta Epsilon Mu. Beta Chapter for students interested in the health fields.

Delta Sigma Pi. Lambda Mu Chapter for business majors.

Kappa Psi. Gamma Nu Chapter for male pharmacy students.

Lambda Kappa Sigma. Alpha Xi Chapter for female pharmacy students.

Mu Phi Epsilon. Mu Eta Chapter for music major students.

Omega Eta Epsilon Chapter for students who are interested or studying linguistics and language-related disciplines.

Phi Alpha Delta. Largest legal fraternity composed of pre-law members.

Phi Epsilon Kappa. Chapter focused on the health, exercise, and sport sciences.

Phi Delta Chi. Alpha Psi Chapter for male pharmacy students.

Phi Mu Alpha - Sinfonia. Beta Pi chapter for members majoring in the Conservatory.

Rho Pi Phi. Pharmaceutical fraternity. Lambda Sigma Delta Chapter.

Sigma Alpha Iota. International female music fraternity.

Theta Alpha Phi. Oldest, nation-wide educational theater honors society.

Theta Tau. Chapter for students interested or studying in the field of engineering.

Social Fraternities

Beta Theta Pi

Omega Delta Phi

Pi Kappa Alpha

Sigma Chi

Theta Chi

Xi Chi Sigma

Social Sororities

Alpha Phi

Delta Gamma

Gamma Alpha Omega

Kappa Alpha Theta

Rho Delta Chi

Clubs and Organizations

A current list of our clubs and organizations and additional information can be found here (<https://www.pacific.edu/campus-life/activities-and-programs/clubs-and-organizations.html>).

Traditional Events at the University

Celebrate Diversity

A year-round educational campaign designed to promote understanding and sensitivity toward diversity in ability, age, ethnicity, gender, religion, sexual orientation, size, socioeconomic class and other dimensions of human difference. Through cooperative leadership, students and community organizations from diverse backgrounds build lasting alliances that service and empower each individual, the campus, and the community. The year-long campaign culminates with an extended week of programming in the spring.

Student Employment Expo

The Student Employment Expo, a Career Resource Center event, is designed to make search for Work Study, on-campus, and volunteer opportunities within the Stockton Community easier for students. While intended primarily for students who are work-study eligible, the Student Employment Expo offers opportunities for all students in all majors.

Meet Your Future

"Meet Your Future" is a two-week program that consists of resume reviews, mock interviews and employer panel presentations. The purpose of this event is to provide students with relevant, first-hand information about their resumes, interviewing skills, employer information, and industry trends. This is also an opportunity for employers to identify potential talent for their current and future hiring needs. The annual "Meet Your Future" event is held in the spring semester as a preparation for the Career Faire.

Spring Career Faire

The annual Spring Career Faire is an event that brings more than 100 organizations, representing a wide range of industries to Pacific's campus. The Career Faire is an excellent opportunity for students from all majors to network and explore full-time, part-time, internships, and co-op opportunities. This is an excellent venue for students to learn more about career opportunities that exist within each organization and how to apply to those they wish to pursue.

Homecoming/Parents Weekend

Homecoming/Parents Weekend provides an October weekend of excitement for students and their parents/families. This Pacific celebration brings together alumni, students and families with a variety of exciting events including concerts, athletic and fine arts events.

Founders Day

An annual spring event that celebrates the founding of the University by Methodist missionaries and the legacy of that heritage at the university. Events include a chapel service for all members of the University community and a luncheon with speakers from the Heritage Society.

Student Activities Fair

The Student Activities Fair is held annually on the third Thursday of the fall semester on the DeRosa Center lawn. The fair showcases student organizations, together with local vendors and artisans. Student organizations use the fair as an opportunity to inform new students about involvement opportunities. The fair also features music, games and giveaways.

Academic Standards

Student Conduct and Community Standards

The Office of Student Conduct and Community Standards manages the student conduct process for students, including but not limited to, undergraduate and graduate students on Pacific's three campuses. In addition to the Code of Conduct, specific schools and programs may have policies and procedures that apply to students enrolled in a particular program of study. Pacific has developed policies and procedures to clarify the expectations and standards for students. Each student is responsible for knowing and adhering to all University policies and procedures. These policies are explicitly outlined in the Tiger Lore Student Handbook and on the web site at <https://www.pacific.edu/student-life/student-conduct> (<https://www.pacific.edu/student-life/student-conduct/>) Policies and procedures specific to a course of study are available through the respective school or program.

Honor Code

The Honor Code at the University of the Pacific calls upon each student to exhibit a high degree of maturity, responsibility, and personal integrity. Students are expected to:

- 1) Act honestly in all matters;
- 2) Actively encourage academic integrity;
- 3) Discourage any form of cheating or dishonesty by others;
- 4) Inform the instructor and appropriate university administrator if she or he has a reasonable and good faith belief and substantial evidence that a violation of the Academic Honesty Policy has occurred.

Conduct Standards

Student Code of Conduct, University Policies, and Local, State, and Federal Laws

The violation of established policies and procedures and local, state, and federal laws may constitute a violation of the Student Code of Conduct or other policies and procedures specific to a course of study, school, or program. Such violations may include conduct occurring off-campus when students are participating, attending, or in some manner connected to a University-related activity. Please refer to <https://www.pacific.edu/student-life/student-conduct> (<https://www.pacific.edu/student-life/student-conduct/>) for additional information and definitions.

Campus Behavior Standards

Rather than publish in this catalog a complete and detailed code of the laws, rules, and regulations that students are required to follow, the University declares its intention to uphold all applicable federal, state, and municipal laws and expects all students to abide by the Student Code of Conduct and university policies. At the time of admission, each student

agrees to follow such standards. Accordingly, any conduct not consistent with responsible and lawful behavior may be considered cause for the University to take appropriate administrative, disciplinary, or legal action.

In addition, the University acknowledges and actively upholds the adult status of each student with all the rights pertaining thereto and, in accordance with that status, considers each student responsible for their actions. With regard to conduct, "student" is defined as full and part-time undergraduate, professional, and graduate students from the time of application for admission to the time of the conferral of a degree and includes periods prior to the start of classes, after classes have ended, between terms, and when a student is not officially enrolled but has an ongoing relationship with Pacific.

University policies and regulations are published in the Student Code of Conduct and available online <https://www.pacific.edu/student-life/student-conduct> (<https://www.pacific.edu/student-life/student-conduct/>). Statements pertaining to or clarification of student rights is also published in this document. Additional policies for specific schools and programs are respectively available from each school or program.

Alcohol and Other Drugs Policy

All students, faculty, and staff must comply with all federal, state, and local laws and University policies governing the consumption, possession, distribution, and sale of alcoholic beverages and drugs on University property; at any activity or event on and off the campus sponsored by Pacific; or where a campus community member is representing Pacific as part of an off-campus program, activity, or event.

This notice is provided as a requirement of the Drug-Free Schools and Communities Act of 1990, and the Drug-Free Workplace Act of 1988. Universities that receive federal/state funds in any form are required to comply with the above acts. We must take affirmative steps to prohibit the unlawful possession, use, and/or distribution of illicit drugs and alcohol.

Description of Health Risks

The misuse of alcohol and/or prescription drugs or use of illicit drugs can result in overdose, death, violence, incarceration, loss of a driver's license, failed relationships, petty property crime, school dropout, lowered productivity and quality, increased absenteeism and tardiness, serious psychological and neurobiological problems, reduced concentration, impaired judgment, loss of short term and long term memory, diminished reasoning skills, strained family relationships, damaged fetuses, and other serious life-altering effects. Additional information regarding health risks is available from the Cowell Wellness Center or at DrugAbuse.gov

Criminal Penalties

Federal penalties for the trafficking of controlled substances are dependent upon several conditions including the substance, amount, and whether the matter is a first offense or repeated offense for an individual or other legal entity.

For a [detailed list of penalties](#)>>

For information on [California underage drinking laws](#)>>

Resources for Assistance

- Alcohol Abuse 24 Hour Action Helpline 800.234.0420
- Alcohol & Drug Treatment Center 24 Hour Helpline 800.711.6375
- Counseling and Psychological Services 209.946.2315 ext. 2

- Employee Assistance Program 877-595-5281
- Pacific Health Services 209.946.2315 ext. 1

Pacific's alcohol and drug policies are available online:

- Students: [Student Code of Conduct](#)>>
- McGeorge School of Law students: [McGeorge Substance Abuse Policies and Procedures](#)>>
- Dugoni School of Dentistry students: [Dugoni Alcohol Consumption and Drug Use Policy](#)>>
- All University employees>>

Academic Standards for Holding Student Office

In order to hold either an elected or appointed office (Associated Students of the University of the Pacific – ASUop; fraternal organizations, residence hall government, etc.), an organization officer must be in good academic standing with the Undergraduate students must be enrolled for 12 or more units (6 for graduate students) to hold an elected or appointed office in a student organization. Students must maintain a 2.25 cumulative GPA to hold an elected or appointed office in a student organization. Individual student organizations may stipulate higher unit or GPA.

Clinical Services

In the School of Health Sciences, the Speech, Hearing and Language Center, the RiteCare Language Center of Stockton, and the Language-Literacy Center provide assessment and intervention services to children and adults with speech and language disorders. Aural rehabilitation services for individuals with hearing impairments are also provided. In addition, comprehensive audiological assessment and hearing aid fittings are available for children and adults at the Pacific Hearing & Balance Center.

General Academic Tutoring Center

The General Academic Tutoring Center offers free one-on-one tutoring to currently enrolled undergraduate students on Pacific's Stockton campus (as resources and tutor availability permit). This is a peer-tutoring program; tutors are those students who have succeeded academically with a B+ or better in the class they are tutoring or have been recommended by their Professors. In addition, our tutors go through training to learn how to tutor for different learning preferences, tutoring strategies, and nation-wide best practices for tutoring. Students interested in our tutoring services should visit the second floor of the Library or access our online scheduling system (<https://pacific.mywconline.com>) create an appointment. The GATC's hours during the Fall and Spring semesters are typically Monday through Thursday 9 a.m. to 8 p.m., Friday 9 a.m. to 5 p.m. and Sunday 2 p.m. to 7 p.m. Tutors in most subjects are available; however, students are urged to contact the office early in the semester so that tutors can be sought. The General Academic Tutoring Center makes every attempt to locate tutors; however, sometimes tutors may not be readily available in some subjects. Any student interested in becoming a tutor is also welcome to apply through Handshake. For more information, call (209) 946-2437 or email at tutoring@pacific.edu.

Pacific Technology

The **Pacific Technology** organization provides reliable and responsive information technologies and services to University students, faculty and staff. Pacific Technology maintains e-mail, the learning management system, the university website and Inside Pacific portal, the wired and wireless network, video conferencing, classroom technology, and telecommunications. Pacific Technology also provides IT

services related to technology integration, Pacific Print printing services, security and troubleshooting.

Customer Support Center (CSC)

The CSC or I.T. HelpDesk provides mobile and computer hardware/software support for students, faculty and staff. The CSC can be reached by phone at (209) 946-7400 or by email at helpdesk@pacific.edu.

The CSC is staffed from 7:30am to 5:30pm Monday - Friday...we are closed Saturday and Sunday.

The CSC does close during university holidays and seasonal days.

Emergency support is available after hours via a paging system. If you have an I.T. emergency item, call the CSC at (209) 946-7400. You will receive a message stating that you can leave a message, or you may follow the instructions detailed in the greeting to page a technician if your incident is an I.T. emergency.

Technical Support

The CSC Helpdesk provides assistance with the following:

- PacificNet ID, UMail, and other account password reset help
- Computer security checking (anti-virus, firewall, spyware, etc.)
- Configuration of PC's workstations and laptops
- Software installations
- E-mail questions
- Advice on new technology purchases
- Telecommunications troubleshooting
- Wireless device configuration and troubleshooting
- To obtain support, contact 209.946.7400 or e-mail at helpdesk@pacific.edu

If you don't see your technical concern listed above, you may still contact the CSC Helpdesk. We may be able to find answers to your questions or refer you to someone else who can help. We are located in the Raymond Common Room and our hours of operation are Monday - Friday 8 a.m to noon, closed for lunch and then open from 1 p.m. to 5 p.m.

University Book Store

The Bookstore's primary responsibility is to enhance the students' and instructors' educational experience by working with the campus community and providing support. The Bookstore offers several different options to choose from on course materials: rental, new, used and eBooks. Please contact a bookstore associate about the Price Match program. The University Bookstore provides students with a wide range of products and services for their educational experience. The Bookstore offers a complete line of Pacific emblematic clothing and gift items as well as school supplies, electronics, greeting cards, office products and much more. For your convenience, you can shop online 24/7 at the store's website: UOPStocktonStore.com (<https://www.bkstr.com/pacificstore/>).

Questions?

Dee Tilford, Campus Store Leader Pacific Bookstore:
dtilford@pacific.edu | 209.460.3875