

# CONSERVATORY OF MUSIC

<http://www.pacific.edu/conservatory/>

Phone: (209) 946-2415

Location: Stockton Campus Faye Spanos Concert Hall

Peter Witte, Dean

## Programs Offered

### Master of Arts in Music Therapy

The Conservatory of Music offers graduate degrees in music education and music therapy: Master of Music and Master of Arts in Music Therapy. Additionally, the Master of Education (with an emphasis in music education) is available through the Benerd College (formerly Benerd School of Education). The Conservatory of Music graduate programs give students individual faculty attention and opportunities to work with experts in their field.

Graduate students in the Conservatory of Music take a range of coursework designed to enhance their musicianship and research skills. They develop advanced skills in music therapy, conducting, pedagogy, or other areas of music specialization depending on individual career goals.

Music education degrees are designed for those with a previous degree/credential in music; in general, the Master of Music includes more coursework in music, while the Master of Education includes more education courses. Applicants who have not attained a music education degree/teaching credential previously are expected to complete the credential program as part of earning their graduate degree. Building on previous music and teaching experiences, the education programs are individualized and lead to a creative, productive career in teaching music, pre-K through college.

The Master of Arts in Music Therapy offers a choice of two tracks of study (research and clinical) that support (1) preparation for eventual entry into teaching and research careers or (2) development of advanced clinical, administrative, and program development skills.

## Comprehensive Examination

At the conclusion of the master's programs, all students are expected to pass a comprehensive written and/or oral examination/thesis defense on all work covered during their graduate study at University of the Pacific.

## Admission Requirements

Admission to any graduate program in music at University of the Pacific is based upon both academic qualifications and musicianship, including overt musical behavior as demonstrated in performance and listening. Academic considerations for the entering master's student, regardless of major, are discussed in earlier pages of this catalog under Admission.

### Music Therapy Majors

- a. Music Audition (live or recording):
  - Candidates should prepare two contrasting pieces on their principal instrument/voice.
  - Sing two pieces from a traditional or contemporary musical repertoire with self-accompaniment on piano and guitar (proficiency on both piano and guitar is an important consideration for potential candidates). For these pieces, candidates may use sheet music or a lead sheet.
  - Sing one American folk song from memory a capella.
- b. A bachelor's degree in music or related fields.

- c. Undergraduate GPA of 3.0 or better.
- d. Online application form through the Graduate School.
- e. 3 letters of recommendation.
- f. General GRE scores (GRE is not required for applicants with GPA of 3.5 or higher.)
- g. Official Transcripts
- h. Statement of intent
- i. Resume

For a list of Conservatory of Music faculty go to the following site (<https://music.pacific.edu/music/faculty/>).

## Course Descriptions

**MTHR 087B. Internship in Music Therapy. 1 Unit.**

**MTHR 087A. Internship in Music Therapy. 1 Unit.**

**MTHR 018. Basic Skills for Music Therapists and Allied Professionals. 3 Units.**

MTHR 018 focuses on developing functional music skills and repertoire necessary for implementing interventions in various therapeutic settings. Students increase competencies in singing and accompanying and the clinical application of improvisation, composition, and arranging. This course is open to non-Major with instructor approval. Prerequisite: MCOM 002.

**MTHR 011. Music as Therapy: A Survey of Clinical Applications. 3 Units.**

This course introduces the uses of music as a creative arts therapy, and it includes an overview of the history, theory, and clinical practice of music therapy across a broad range of settings. Classroom experiences, reading, films, and field observations introduce the student to various uses of music in the treatment of children and adults that are a foundation for the sequence of music therapy courses which together support development of required AMTA competencies for the professional music therapist. This course also offers an introduction to music therapy for interested persons in other health and pre-professional programs. This course is open to non-majors.

**MTHR 020. Clinical Assessment in Music Therapy. 2 Units.**

This course focuses on developing assessment competencies. Students will practice implementation of standardized and therapist-constructed assessment (through simulation) to appropriately measure and monitor progress and evaluate effectiveness of music therapy interventions for children and adults. The online section is for graduate students only who need to fulfill coursework for board-eligibility through the Certification Board for Music Therapists.

**MTHR 135. Music with Children in Inclusive Settings: Therapeutic and Educational Applications. 3 Units.**

This course presents specific music therapy techniques and skills for development of programs for children's successful integration within home/school/community environments. Students will identify and create therapeutic music strategies to effect changes in children's academic, social, motor, and leisure skills development. This course also acquaints students with relevant music therapy/education research and current legislation regarding children within inclusive settings. Open to non-majors. Prerequisites: SPED 123 and either MTHR 018 or MCOM 002; or with instructor permission.

**MTHR 139. Research in Music. 2 Units.**

The application of scientific methods to investigate music therapy and related disciplines (e.g., music education and music psychology) are reviewed, including: qualitative and quantitative methods and related designs, review and evaluation of research literature, and writing a research proposal. Statistical analyses and evidence-based practice are introduced. Prerequisite: MCOM 002 or Instructor Permission.

**MTHR 140. Psychology of Music. 2 Units.**

This course introduces the psychological foundations of music, including the study of acoustics, perception of sound, music and neuroscience, and physical and psychosocial responses to music. Prerequisite: MTHR 139 or MTHR 239 or permission of the instructor.

**MTHR 141. Music Therapy in Mental Health and Social Services. 3 Units.**

This course examines theory, research, and clinical skills related to music therapy for adults, children, and adolescents in various mental health and social service treatment settings. It also includes an introduction to current DSM criteria for mental disorders commonly encountered by music therapists, and an overview of major theories of psychotherapy as they relate to music therapy. The course introduces music therapy techniques for group treatment which includes music improvisation, songwriting, and basic relaxation methods. This course is for music therapy majors only and it must be taken concurrently with Fieldwork in Music Therapy. Prerequisites: MTHR 011, MTHR 018, MTHR 135, and MTHR 140, PSYC 017 and completion of Voice, Guitar, and Piano competencies.

**MTHR 142. Music Therapy in Medicine and Health Care. 3 Units.**

This course provides an overview of music therapy with children, adults, and older adults in medical settings. Students survey theories, methods, and empirically supported treatments in settings such as acute care, physical rehabilitation, gerontology, palliative care, preventative medicine, and health maintenance. It also includes the study of physical and psychosocial processes natural to aging and end of life, and assists students in developing skills in improvised music for relaxation and palliative care. The course is for music therapy majors only. Prerequisites: MTHR 141, BIOL 011 and completion of Voice, Guitar, and Piano competencies.

**MTHR 143. Supervisory Techniques. 1 or 2 Unit.**

This course offers techniques in the supervision of music therapy fieldwork. The course is only open to music therapy majors by permission of the instructor. Prerequisites: MTHR 020, MTHR 140 and MTHR 150.

**MTHR 149. Clinical Musicianship Workshop. 1 Unit.**

This course is designed to improve students' functional music, leadership, and therapeutic skills for use during fieldwork, internship, and professional practice. Learning experiences will focus on improving student musicianship (e.g., guitar, keyboard, voice, percussion, and improvisational skills), developing small ensemble leadership skills, and building musical repertoire within the context of leading music-based interventions for diverse clientele.

**MTHR 150. Practicum in Music Therapy. 1-2 Units.**

Practicum provides students with structured clinical experiences in music therapy under the supervision of a music therapist in varying community settings. This course repeated for credit and taken concurrently each semester students are enrolled in MTHR 135, MTHR 140, MTHR 141 and MTHR 142. This course is open only to music therapy majors, and a minimum of 4 units of Practicum (MTHR 150) is required for completion of the music therapy degree program.

**MTHR 187P. Internship in Music Therapy PH. 4 Units.****MTHR 187C. Internship in Music Therapy. 1 Unit.****MTHR 187. Internship in Music Therapy. 1-12 Units.**

This course consists of clinical training experience at an internship site approved by the AMTA. Successful completion of required hours and competencies allows students to sit for the Music Therapy Board Certification Examination. Students are required to enroll in MTHR 150 within the period of two years prior to the start of internship.

**MTHR 191. Independent Study. 1-2 Units.****MTHR 197D. Undergraduate Research. 1-4 Units.****MTHR 230. Bonny Method of Guided Imagery and Music Level I Training. 3 Units.**

Intensive 5-day residential seminar introduces theory and clinical applications of the Bonny Method of Guided Imagery and Music (BMGIM) and other music and imagery techniques. Participants gain intensive personal experience with BMGIM. Hands-on experiential exercises, demonstrations, and clinical examples introduce simple imagery techniques to add to participants' existing repertoire of therapeutic interventions. This residential phase of the course meets the Association of Music and Imagery (AMI) requirements for introductory training in the Bonny Method. The on-line learning component extends and deepens the student's understanding through exposure to literature in the Bonny Method, sharing of discoveries from readings and music listening, as well as personal reflection and integration of experiential learning. Due to the experiential nature of this course, participants must be willing to participate in all learning activities and in the group sharing process, and attend all seminar sessions as listed in the residential seminar course schedule. All students and instructors are expected to maintain confidentiality of personal material shared by group members. Prerequisites: Evidence of clinical experience and permission of instructor.

**MTHR 231. Individual Music Therapy: Advanced Theory and Techniques. 3 Units.**

This course explores contemporary theories and techniques for the advanced-practice music therapy student. The course includes an in-depth examination of alternative service delivery models (e.g., consultation, collaboration, coaching) and the application of psychological, educational, music-based, and holistic approaches to address the needs of diverse clientele. Advanced development of clinical music, research, and reflexive practice competencies are addressed. Prerequisites: Successful completion of MTHR 187 (or an approved music therapy internship) and permission of instructor.

**MTHR 232. Group Music Therapy: Advanced Theory and Techniques. 3 Units.**

This course examines theories and models for group music therapy with applications for a variety of clinical populations. The course includes approaches for quick group assessment and brief treatment environments. The focus is on therapist and member roles and tasks within group development processes. Students refine group facilitation skills that use music-centered techniques of improvisation and music-evoked imagery through in-class simulations and supervised clinical practice. Prerequisite: MTHR 231 with a "B" or better or permission of instructor.

**MTHR 239. Research in Music. 2 Units.**

The application of scientific methods to investigate music therapy and related disciplines (e.g., music education and music psychology) are reviewed, including: qualitative and quantitative methods and related designs, review and evaluation of research literature, and writing a research proposal. Statistical analyses and evidence-based practice are introduced. Prerequisite: MCOM 002 or Instructor Permission.

**MTHR 240. Psychology of Music. 2 Units.**

This course introduces the psychological foundations of music, including the study of acoustics, perception of sound, music and neuroscience, and physical and psychosocial responses to music. Prerequisite: MTHR 139 or MTHR 239 or permission of the instructor.

**MTHR 245. Clinical Clerkship in Music Therapy. 1-4 Units.**

As an alternate requirement for Thesis, Clinical Clerkship is designed for students who may want to focus on clinical skills and knowledge. Students complete a major project related to an applied therapeutic or educational setting.

**MTHR 251. Music Therapy Supervision I: Introduction to Theory and Applications. 1 Unit.**

This course provides a foundation for effective music therapy clinical supervision. It introduces multicultural, ethical, and legal considerations and explores factors unique to music therapy supervision. Readings, workbook assignments, field observations and in-class discussion of theories and techniques prepare students for MTHR 252, and practical experience supervising undergraduate students in clinical training settings. Prerequisite: MTHR 187 or an AMTA approved clinical internship.

**MTHR 252. Music Therapy Supervision II: Applied Experience. 1 Unit.**

This course provides mentored practice in clinical supervision and it supports individualized skill development of competencies for professional participation in clinical management and student, volunteer, or peer supervision situations. Learning experiences include direct on-site supervision of undergraduate music therapy students in fieldwork placements, maintaining the on-site learning environment, monitoring student progress, conducting formal evaluations, conducting group student supervision and regular participation in supervisors group consultation meetings with faculty. Prerequisite: MTHR 251 with a "B" or better.

**MTHR 260. Advanced Clinical Practice in Music Therapy. 1 Unit.**

This course provides individualized experiences for development of advanced clinical skills in music therapy. Students may focus on a new area of specialization, or may work within a familiar clinical environment that develops skills at a more advanced level. Experiences may include supervised practice in advanced music therapy techniques, interdisciplinary collaboration, new program development, or expansion of an existing clinical program. Prerequisites: two semesters of MTHR 187 or clinical internship.

**MTHR 265. Human Research in Music Therapy: Supervised Experience. 1 Unit.**

This course offers individualized experiences for development of advanced research skills in music therapy. It provides faculty oversight and supervision of human research in clinical or laboratory settings. Students may focus on their own independent research project or may work within a collaborative or faculty-directed research environment. It is required for students who conduct summer research activities with human subjects and includes projects that contribute to completion of the master's thesis or clinical clerkship. This course may be repeated. Prerequisites: Completion of University Human Subjects (IRB) training for student investigators, and permission of instructor.

**MTHR 275. College Teaching in Music Therapy: Curriculum, Competencies and Classroom. 3 Units.**

Students review the AMTA requirements for music therapy undergraduate program curriculum and for competency-based education and clinical training. The course provides mentored practice in teaching foundational level music therapy college courses, and it supports individualized skill development for professional participation in academic music therapy programs as an instructor. Permission of instructor.

**MTHR 287B. Internship in Music Therapy. 1 Unit.****MTHR 287A. Internship in Music Therapy. 1 Unit.****MTHR 291. Graduate Independent Study. 1-4 Units.****MTHR 297. Graduate Independent Research. 1-4 Units.****MTHR 299. Thesis. 1-4 Units.**

Students create an original monograph that embodies original research.